Orchard Park United Methodist Church

Adam Kilner

Microaggressions are subtle, indirect, or unintentional comments, actions, policies, or incidents that discriminate against a marginalized group.

My personal experience and the experience of Wilbur Howard (The United Church of Canada's first Black person to be ordained, and first racialized person to serve as Moderator) brings to the forefront the issue of microaggressions. Once when applying for a summer job, I emailed a resume off to a committee and was invited to be interviewed for the position. When one of my references called me after my interview, he said that during a phone call with one of the committee members a strange comment was made: "I was quite surprised to see a Brown fellow walk in."

I have been reflecting on that comment for 20 years because of how inappropriate it was. The person likely didn't intend harm, yet I continue to think about that experience almost 20 years later. I wish they had kept their comment to themselves so that I wouldn't still be thinking about it. It was unintentional, yet I've never forgotten it.

With these issues in mind, consider journaling daily with responses to these questions and discussing them with a friend:

- Did I think before I spoke today? Did I consider another person's feelings before speaking today?
- Did I attempt to defend any insensitive comments by invoking them in the conversation?
- If I made insensitive comments, are there steps I can take to avoid doing so in the future? Did I apologize?



October 24 Worship Participants

Adult Sunday School 10:00 AM Worship Service 11:00 AM Pastor: Rev. Tanya Spencer Music Director: Meiko Reigelman Liturgist: Carol Brauer A/V Operator: Margot Ip Greeter: Roz Slotman Childcare: Sue Stachewicz



The flowers on the altar on October 24 are given by Sandra Walter in honor of Lincoln Schoonens.



Upcoming Events

October 24 @ 10 AM:

Adult Sunday School October 24 @ 11 AM:

Worship Service

October 25, 9:30 AM-1 PM:

Sewing Circle

October 26 @ 12 PM: OWLS October 27 @ 12 PM: Bible Study

October Birthdays

Monica Restorff (10/3) Zach Restorff (10/5) Rich Spinelli (10/6) Bob Laurie (10/7) Andrea Spinelli (10/17) Bill Russell (10/25)

Thank you to this month's St. Pauly's Clothing Shed volunteers!

Mike Waters (10/3) Dan Liggett (10/10, 10/17) Art Cooper (10/24) George Slocum (10/31)



DONATIONS NEEDED! We are collecting donations for the Seneca Street Children's Christmas Shoppe again this year. This is an opportunity for the children of the Seneca Babcock neighborhood to "shop" for Christmas gifts for their families. This will be the 15th year for this very special event. Two years ago, more than 130 children were able to select gifts for their entire families. Please refer to this list of suggested items to donate by November 28. There will be a box in the narthex marked "Children's XMas Shop."

The Senior OWLS Lunches have resumed!



Older, Wiser, Livelier Seniors

The OWLS enjoy food and fellowship together once a month. This group meets on the last Tuesday of every month at noon. This month, we will meet October 26 in the Fellowship Hall. If you'd like to attend, please contact Corley (716-740-8667) or the church office (716-662-7912).

Prayer Requests

- Bill Russell health
- Phyllis Cooper health
- Rebecca's sister, Alicia health
- friend of Candy, Mary Agnes health
- Magdeline Hayman recovering from a fracture
- Marie Gorman recovering from a fall
- Donna Kroh's friend Linda recurrence of cancer
- Candy and Joe's neighbor, Roger health
- Lurly Hunsberger

Orchard Park United Methodist Church is a Reconciling Congregation. We celebrate God's gift of diversity and value the wholeness made possible in community equally shared and shepherded by all. We welcome and affirm people of every gender identity, gender expression, and sexual orientation, who are also of every age, race, ethnicity, physical and mental ability, level of education, and family structure, and of every economic, immigration, marital, and social status, and so much more. We acknowledge that we live in a world of profound social, economic, and political inequities. As followers of Jesus, we commit ourselves to the pursuit of justice and pledge to stand in solidarity with all who are marginalized and oppressed.

Orchard Park United Methodist Church 3700 N. Buffalo Street

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